

Marine Offshore Safety Training

JOINING INSTRUCTIONS

REFRESHER TRAINING - PERSONAL SURVIVAL TECHNIQUES (PST)
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SCOPE

This training is intended to meet the Personal Survival Techniques (PST) Refresher requirements set out in Table A-VI/1-1 of the STCW Code.

AIM

To give all those seeking updating training certification for personal survival techniques the essential education and training set out in Table A-VI/1-1.

ENTRY REQUIREMENTS

Updating training is to be undertaken, in line with the above regulations by:

- Seafarers who have six months or more sea service prior to 1 August 1998 and were exempt from basic safety courses;
- Seafarers who have a certificate of proficiency in personal survival techniques and who have maintained the required standard of competence by onboard training and experience for all competences listed in the self-declaration form, NB – certificates of proficiency issued under the authority of other administrations will be acceptable.

Seafarers must sign the self-declaration form as a pre-requisite to the reduced hours entry route of the MCA approved updating course.

PREREQUISITES

Those undertaking this training must have:

- Signed official declaration of approved on-board training in accordance with STCW Code (see MSN 1865 Annex B – see www.mcga.gov.uk) If you are unable to complete the declaration you will be unable to attend this Refresher course.
- Proficiency in Personal Survival Techniques (PST), STCW A-VI/1-1; or Basic Sea Survival
- Must meet the medical fitness requirements.

REPORTING TIME

Please report to Reception **at MOST no later than 08:15** on the date of course commencement as stated in your booking confirmation. Registration, Health and Safety Induction commences promptly at **08:30** and it is a condition that you do not miss any elements of the course.

COURSE VENUE & HOW TO GET HERE

The course is held at: **Marine Offshore Safety Training**
Wapping Street
SOUTH SHIELDS
Tyne & Wear
NE33 1LQ

Please refer to attached map and note that the Centre is on Wapping Street (turning off River Drive) on the banks of the River Tyne and **NOT** the Tyne Coast College Campus located at Westoe. MOST is conveniently located within a short walking distance from the South Shields Metro station (north along the Mile End Road).

DOCUMENTS REQUIRED FOR REGISTRATION

You need to produce the following original document at registration:

- **Valid Passport** for proof of identity – British citizens not in possession of a valid passport may provide a UK photo driving licence or a UK discharge book issued less than 10 years ago.
- **Personal Survival Techniques certificate from any STCW country. Recognised equivalent pre 31st January 2000: Basic Sea Survival.**
 - or: **UK issued Watch Rating Certificate (STCW II/4 or III/4) – this includes Yacht Ratings**
 - or: **UK AB, Able Seafarer Deck or Able Seafarer Engine Certificate**
 - or: **UK Certificate of Competency**
 - or: **UK Certificate of Equivalent Competency – see MSN 1867 (M)**

TRAINING GEAR

The College provides Personal Protective Equipment (PPE) but you may bring and use your company issued PPE (if appropriate and provided it meets the College's health & safety standards).

Please bring the following on the day:

- Note pad & pen.
- Swim wear, towel and toiletries.
- Clean overalls or old clothing to wear under immersion suit in pool to prevent discomfort to bare skin.
- Waterproof bag to carry wet clothing after the course.

HEALTH, SAFETY, SECURITY & CENTRE FACILITIES

HEALTH & SAFETY

All learners attending the College are subject to the provisions of the Health and Safety at Work Act 1974. Any learner acting in a manner which could endanger the safety of him/herself or others may also face prosecution under the Health and Safety at Work Act. A condition of acceptance on the course is that you agree to comply with the College's Health & Safety Policy and a copy of this is available on request.

This course is physically demanding and includes practical training in life boats and the environmental pool. All delegates are required to participate fully in all elements of the training and **MUST** be fit in all respects for the duration of the course. All delegates are required to make and sign a "**Declaration of Fitness**" at the time of registration. All delegates **MUST** inform the lecturer if they feel unwell at any time during the course. The College reserves the right to carry out medical screening procedures as deemed necessary in the interest of health and safety. An individual who is deemed incapable of continuing the course for any reason may be removed from the course in the interest of health and safety.

Please note that **all** seafarers (including masters) employed or engaged in any capacity on board a seagoing ship covered by the Regulations will be required to hold a valid medical certificate. For further information on medical certification and advice go to www.mcga.gov.uk

The College recommends all delegates to undergo a medical examination prior to attending the course to rule out any medical conditions that would restrict your ability to work on board a seagoing ship.

If you have any of the conditions described below, you must have a valid medical certificate before you will be permitted to attend the course. If you have developed any of the conditions below since your last medical examination, you **MUST** renew your medical certificate **BEFORE** joining the course.

- **Angina**
- **Heart Attack**
- **Epilepsy**
- **Insulin Dependent Diabetes**

If you are on medication for High Blood Pressure, Asthma or Non-insulin Dependent Diabetes, you **MUST** make sure that you take this as prescribed before and throughout your course.

If you have Asthma, you **MUST** have your inhaler or other 'reliever' treatment with you at all times during the course.

DRUG & ALCOHOL USE

The safety critical nature of training at the Marine Safety Training Centre requires delegates **NOT** to consume or be under the influence of drugs and alcohol while on the course. Failure to meet this requirement may result in appropriate disciplinary action including automatic suspension and or expulsion from the course.

NO-SMOKING POLICY

Tyne Coast College has a NO SMOKING policy for all its property and smoking is only permitted in designated areas.

SECURITY OF VALUABLES

Lockers are available for use but the College does not accept responsibility or liability for any loss of, or damage to, your possessions.

ACCIDENT AND NEAR-MISS REPORTING

The Colleges provides all learners with a safe environment in accordance with law. Learners too have a responsibility for their own health and safety and a copy of your individual safety responsibility will be given to you during registration.

If you are injured in an accident or involved in a near-miss during your training session, you must report it immediately to the lecturer responsible who will ensure that the appropriate action is taken and that an Accident Report (**AR1**) form is completed. If you are injured or involved in a near-miss outside the training environment but on College property you should report this as soon as possible to a responsible member of staff who will ensure that the appropriate action is taken and that an AR1 form is completed.

CAR PARKING

There is ample car parking space at Marine Offshore Safety Training and a sign indicates the entrance. Please note that vehicles are parked at owners' risk and the College accepts no responsibility or liability for theft or damage.

CATERING

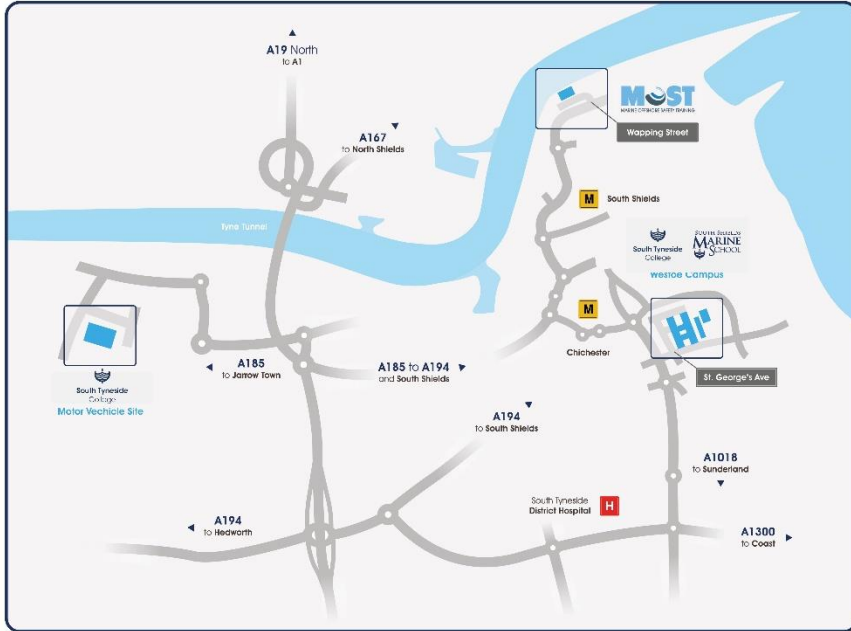
Please note, complimentary food and drink is not provided on this course. There are catering facilities on site which offer a range of drinks and snacks. We accept major credit cards, debit cards and cash.

TERMS & CONDITIONS

This constitutes the agreement between Tyne Coast College and "The User"

<p>WHEREAS</p> <p>A. The College has agreed to make available to; named employees of the company or the individual (The User) detailed in the Schedule to this Agreement the appropriate facilities of the College which term shall include all instruction, training and supervision provided in connection with the proposed course on the usual commercial terms of the College.</p> <p>B. As the basis of the business transaction which the College has entered with the User, the College excludes insofar as permissible at law, any liability for all loss, damage and costs incurred by the User as a result of its use or intended use of the Facility by the User and its employees upon the terms of this Agreement.</p> <p>NOW IT IS HEREBY AGREED as follows:</p> <p>1. <u>Exclusion</u></p> <p>1.1 The User acknowledges and agrees that any advice or instruction of any kind provided by the College or any of its employees to the User and its employees shall be regarded as being of general application only and the User AGREES THAT THE College shall not owe the User any duty of care, and shall not therefore be liable, (only insofar as permissible at law) for or in respect of any loss, cost, charge, expense or otherwise incurred by the User in respect of any such advice or instruction or its applicability or otherwise to any design, construction or other project, or any other use, which may be contemplated or put into effect by the User following its use of the Facility.</p> <p>1.2 The User acknowledges that the College is an educational establishment and does not hold itself out as a professional or expert adviser in the business of the User and the User having satisfied itself that the general instruction and training afforded by the College (as detailed in curriculum and course details supplied by the College to the User) is suitable for the User's needs, it is therefore reasonable for the College to exclude its liability in respect of any reliance by the User on advice or instruction given by the College.</p> <p>2. <u>Limitation</u></p> <p>Whilst the College will make every effort to provide the Facility at such times and to such degree as the User shall have reasonably required when contracting with the College, in the event that the College is unable to make the Facility available to the User at such times and to such degree, the College's aggregate liability in respect of any claim made by the User for any costs, expenses, loss or damage it may have incurred as a result of unavailability shall be limited to a reimbursement of any course or training fee paid by the User to the College in respect of the User's use of the Facility.</p>	<p>3. <u>Indemnity</u></p> <p>The User shall:</p> <p>3.1 make good to the College all loss and damage suffered by the College as a result of any act, omission or default of the User or its employees in their use of the Facility and shall indemnify the College against all actions, claims, liabilities, costs and expenses arising out of such acts of defaults, and</p> <p>3.2 indemnify the College in respect of all claims, proceedings, costs and expenses made or brought against the College in respect of death, personal injury, loss or damage caused to or suffered by the College and arising from the use of the Facility by the User, its employees or agents unless such death or personal injury shall be proven to be the direct result of the negligence of the College, its employees, servants or agents.</p> <p>4. <u>Insurance</u></p> <p>The User acknowledges the exclusion and limitations of liability and the indemnities contained in Clauses 1-3 above and accordingly notes and agrees that it will maintain adequate insurance to a level reasonably satisfactory to the College and shall produce to the College upon request copies of such insurance policies.</p> <p>5. <u>Cancellation</u></p> <p>The College reserves the right to cancel any course in unavoidable, exceptional circumstances. In this case all course fees paid will be refunded. <i>Delegates that fail to attend on the start date of the booked course and have not provided 3 weeks (15 working days) written notice will not be entitled to any fee refund, and if no fee has been prepaid they will be invoiced for the full course fee. Transfer of prepaid fees can be undertaken at the discretion of the college.</i></p> <p>6. <u>Precedence of this Agreement</u></p> <p>In the event of any conflict between this Agreement and the College's terms and conditions of enrolment or any other agreement between the College and the user relating to the use of the Facility, the terms of this Agreement shall prevail.</p> <p>7. <u>Law and Jurisdiction</u></p> <p>This Agreement is governed by English Law and in the event of a dispute relating thereto the parties hereby agree to submit to the exclusive jurisdiction of the High Courts of England and Wales.</p> <p><i>Unless otherwise agreed in writing, the Customer shall make payment in full for all services supplied within 30 days of the invoice date.</i></p>
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Area map



How to find us

All sites are served by excellent trunk roads and motorways. They are within easy reach of the domestic and international airports of Newcastle and Durham Tees Valley. Rail services operate to Newcastle from London and other parts of the UK



How to find us



Westoe Campus
St. George's Avenue, South Shields
Tyne & Wear, NE34 6ET

Marine School Entrance
Grosvenor Road, South Shields
Tyne & Wear, NE33 3EN

Motor Vehicle
Unit 2, Kings Court, Potter Street
Jarrow, Tyne and Wear, NE32 3QS

Marine, Offshore & Safety Training
Wapping Street, South Shields
Tyne & Wear, NE33 1LQ

Email: marine.safetytraining@stc.ac.uk
Telephone: 0191 427 3642



Directions



Westoe Campus



By air and rail

From Newcastle International Airport and Newcastle Central Station catch the Metro (Rapid-transit underground/overground railway) to Chichester, and then walk along Dean Road to the College following the pedestrian signs.



By road

If you are:

- **Travelling south on the A1**, leave at the junction with the A19 and follow the A19 for approximately 10 miles to the Tyne Tunnel, and then...
- **Travelling north on the A1**, take the right fork off the motorway (A194M) towards the Tyne Tunnel just after the Washington Services. After approximately 3.5 miles you will reach a roundabout (junction with the A184), and then...
- **Travelling north on the A19**, leave at the junction with the A194, and then..
- **Travelling east on the A69**, take the A1 south for approximately 9.5 miles, crossing the River Tyne and passing the Gateshead Metro Centre until you reach the Angel of the North (very large public sculpture). After approximately 1 mile leave the A1 at the junction with the A1231 and continue for approximately 3.5 miles going straight over the first roundabout, turning left at the second roundabout and following the signs for the A194M and the Tyne Tunnel. From the junction with A184 onwards...

...follow the map on page 1



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TyneCoastCollege